



Trauma informed care

(for people who might not be clinically trained)

Positioned to care:

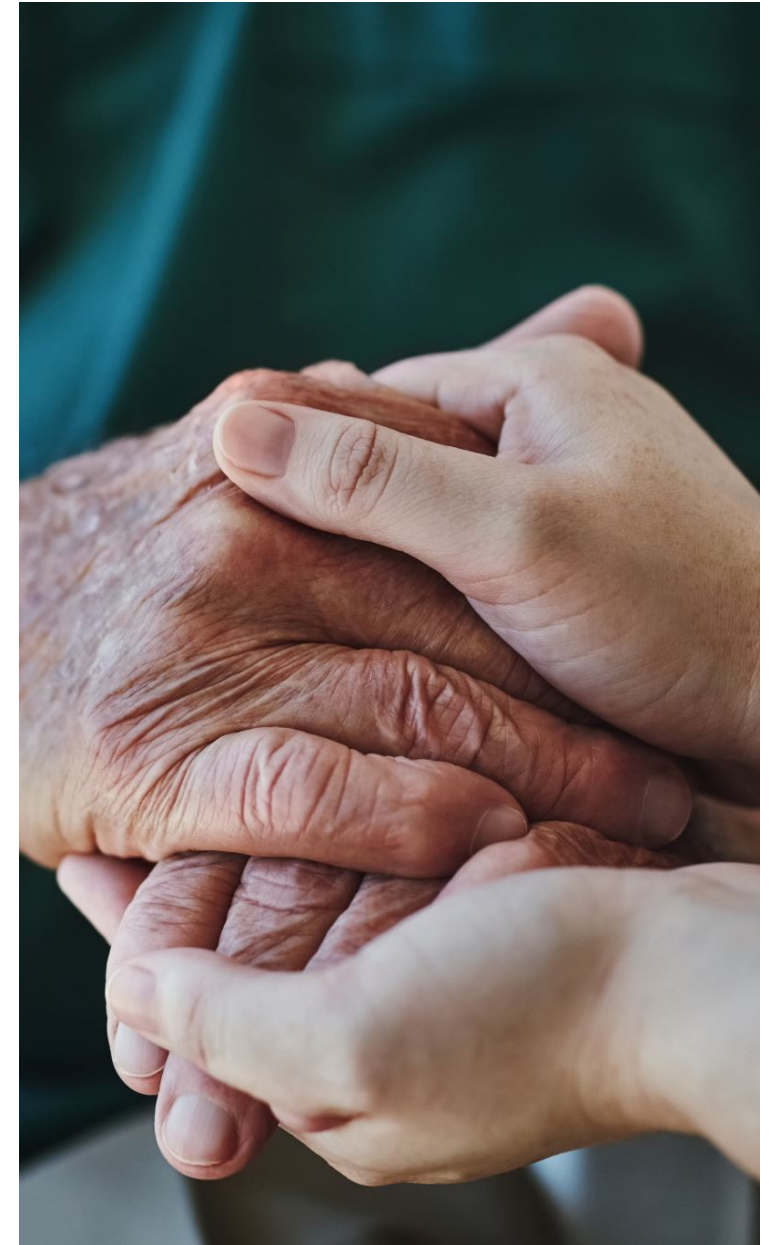
Improving identification and screening of
victims of human trafficking in Colorado

*People who are
surviving
trafficking are
likely to have
suffered
trauma:*

- Physical abuse
- Sexual abuse
- Lack of access to safe food, water or shelter
- Loss of control or agency over their own lives
- Emotional abuse
- Lack of medical care
- Isolation from stable social structures

Trauma informed care

- **Realizes** the widespread impact of trauma and that there are paths to recovery
- **Recognizes** the signs of trauma in patients and other people
- **Responds** by integrating knowledge about trauma and trauma reactions into procedures, policy and day to day operations
- Seeks to actively **Resists** re-traumatization



Trauma Informed approach to people who might be experiencing trafficking:

Safety

- Physical safety
- Emotional safety

Trustworthiness & Transparency

- Don't lie or hide information from the patient
- Don't promise what you can't deliver

Peer Support (this is hard in the ED)

Collaboration & Mutuality

- Partner with the patient
- Level power difference when able

Empowerment, Voice & Choice

- Focus on the patient's strengths
- Allow as much choice as possible
- Hear what the patient is telling you

Cultural/Historical and Gender issues

- These inform experiences of each patient differently
- Recognize that there are historical and current cultural issues that may increase or multiply trauma for patients

What this means for us:

Safety

- Be sure the patient is safe
- Bring food, clothing, water
- May need to involve security
- Speak with the patient alone if possible

Trustworthiness

- Do what you say you will do
- Explain the process of what will happen next
- Explain what you can and can't keep confidentially
- Don't promise what you can't deliver

Collaboration

- Sit down with the patient when appropriate
- Be respectful and non-judgmental

Empowerment

- Allow as much choice as possible for the patient
- For adults – ask what help a patient would like
- Allow patient to remain in own clothing as much as able

Cultural / Historical / Gender

- Recognize that this may impact how the patient views both medical care and their experiences
- Believe the patient when they tell you their experiences

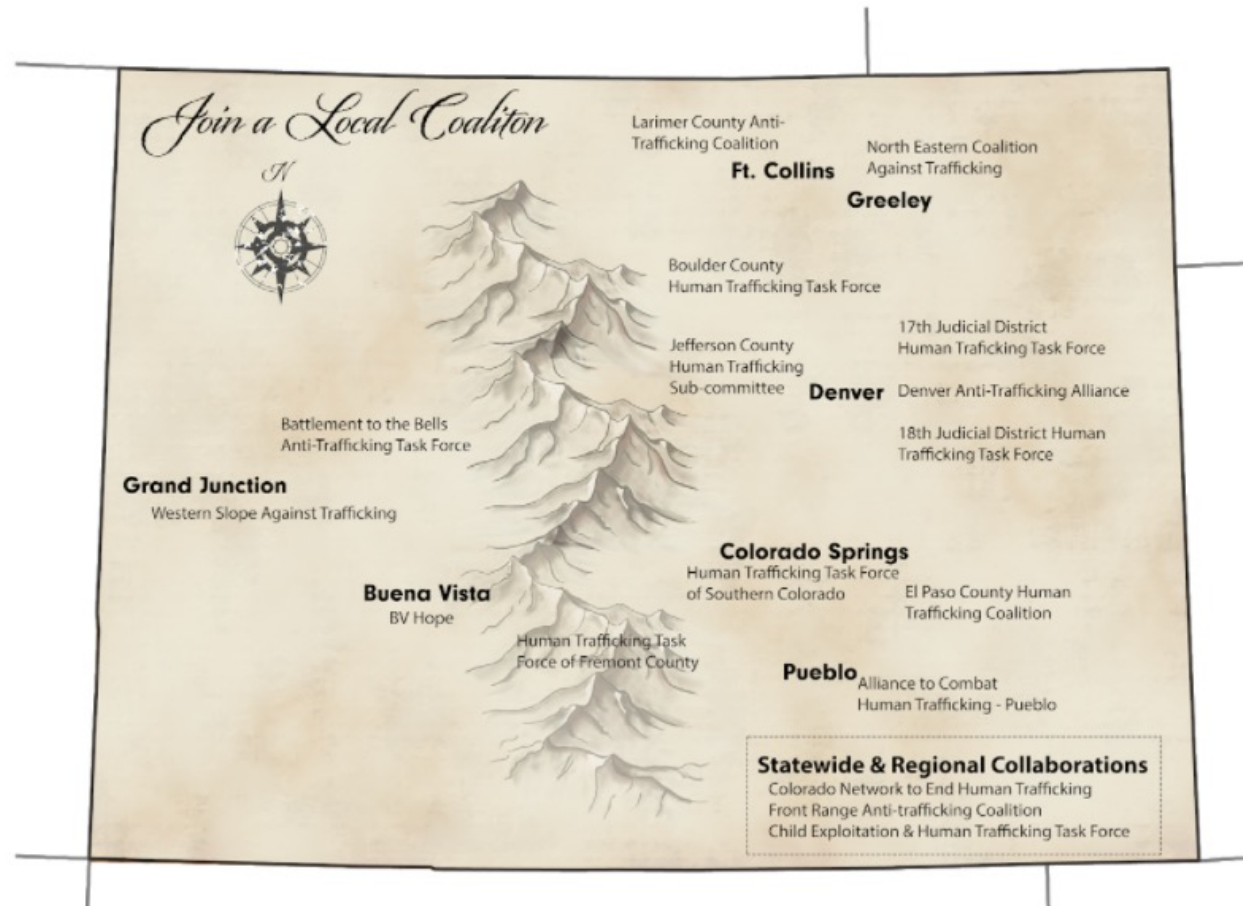


Trauma Informed Care

1. Key aspect of long term care and rehabilitation
2. Recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system and focuses on recovery
3. Responds by fully integrating knowledge about trauma into policies, procedures, and practices
4. Seeks to actively resist re-traumatization.

Resources

STATEWIDE COLLABORATIONS



(National Human Trafficking Hotline, 2021)

Resources

Continúa

To report suspected human trafficking to Federal law enforcement:	Para reportar un posible caso de trata de personas:
1-866-347-2423	1-866-347-2423
To get help from the National Human Trafficking Hotline:	Obtenga ayuda de la Línea Directa Nacional de Trata de Personas:
1-888-373-7888 or text HELP or INFO to BeFree (233733)	1-888-373-7888 o enviando un mensaje de texto con HELP o INFO to BeFree (233733)

Follow the Blue Campaign

NATIONAL HUMAN TRAFFICKING HOTLINE	Call 1-888-373-7888 (TTY: 711) *Text 233733 Live Chat
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- Click on the link below:

[https://redcap.childrenscolorado.org/surveys/
?s=7PKPR87FXEA83CX3](https://redcap.childrenscolorado.org/surveys/?s=7PKPR87FXEA83CX3)

Type the following into a browser:

<https://redcap.childrenscolorado.org/surveys/>

And enter the code below:

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- Scan the QR code below



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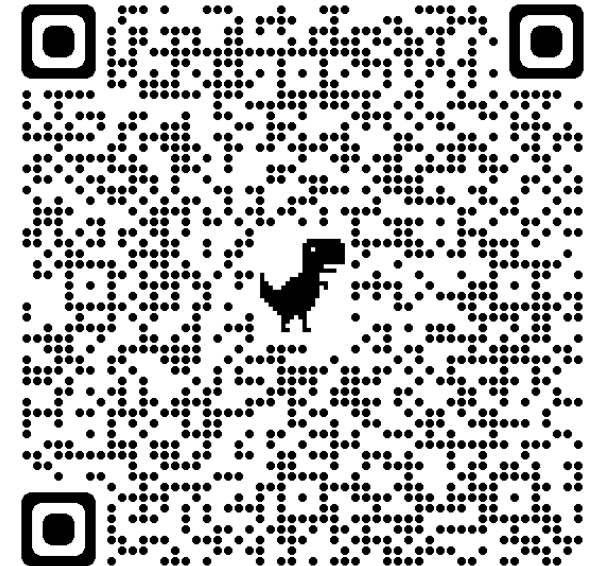
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